

## SANDWICHES

SALAD	\$ 4.00
EGG & LETTUCE	\$ 4.00
SALAD & CHEESE	\$ 4.50
CHICKEN LETTUCE & MAYO	\$ 4.50
CHICKEN WITH LOT	\$ 5.50
Chicken, Salad, Cheese	
HAM CHEESE TOMATO	\$ 4.00
HAM & CHEESE	\$ 3.50
VEGEMITE	\$ 2.50
CHICKEN CAESAR WRAP	\$ 6.50
CHICKEN SALAD WRAP	\$ 6.50
SWEET CHILLI CHICKEN WRAP	\$ 6.50
Hot Sweet Chilli Tenders, Lettuce & Cheese	

## SALADS

CHICKEN CAESAR SALAD	\$ 7.00
GARDEN SALAD	\$ 5.00
Lettuce, Tomato, Cucumber, Carrot & Beetroot	
CHICKEN TERIAYKI SALAD	\$ 7.00
Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese & Chicken Snitzel Kewpie	

## SNACKS

GRANOLA GREEK YOGHURT	\$ 4.00
MOUSSE/JELLY/CUSTARD CUP	\$ 3.00
COOKIE	\$ 1.50
MUFFIN (HOMEMADE)	\$ 2.00
FRUIT BOWL - SMALL	\$ 3.50
FRUIT CUP - LARGE	\$ 5.00

## ORMEAU WOODS STATE HIGH SCHOOL CANTEEN MENU

### WEEKLY SPECIALS

#### MONDAY

MEXICAN CHICKEN BURRITO	\$ 6.00
Chicken Breast, Avocado, Lettuce Salsa & Cheese	

#### TUESDAY

CHICKEN CHIPOTLE BURRITO	\$ 6.00
Chicken Breast, Avocado, Tomato, Onion Cheese, Sour Cream, Potato Fries	

#### WEDNESDAY

BEEF BURRITO	\$ 6.00
Chilli Con Carne Beef Mince, Rice, Salsa, Cheese	

#### THURSDAY

CHICKEN CHIPOTLE BURRITO	\$ 6.00
Chicken Breast, Avocado, Tomato, Onion Cheese, Sour Cream, Potato Fries	

#### FRIDAY

MEXICAN CHICKEN BURRITO	\$ 6.00
Chicken Breast, Avocado, Lettuce Salsa & Cheese	

### SUSHI BOWLS

Karaage Chicken  
Made fresh daily

MINI	\$4.00
SMALL	\$6.00
LARGE	\$9.00



## BURGER

Gluten Free Burgers Available Daily

CHICKEN BURGER - EVERYDAY	\$ 5.50
Brioche Bun, Crumbed Chicken Breast, Lettuce & Mayonnaise	

BEEF BURGER - TUES/THURS	\$ 5.00
Brioche Bun, Angel Bay Pattie, Lettuce, Cheese, Special Sauce	

BEEF BURGER - MON/WED/FRI	\$ 5.00
Brioche Bun, Angel Bay Pattie, Cheese, Cheeseburger Sauce	

GOURMET CHICKEN & BEEF BURGERS	\$ 6.00
New Flavours available daily Online & In Canteen	

## HOT FOOD

PIZZA SLICES	\$ 3.00
MAC N CHEESE	\$ 3.50
PASTA BOLOGNESE	\$ 5.00

Pasta Mince Bolognese Sauce Cheese

CHICKEN BACON CARBONARA	\$5.00
TERIYAKI CHICKEN BOWL	\$ 5.00
BUTTER CHICKEN (GF)	\$ 5.00

Butter Sauce Coconut Milk Chicken Rice

LASAGNA	\$ 5.00
TERIYAKI SNITZEL ON RICE	\$ 5.00
GARLIC BREAD	\$ 3.00
SAUSAGE ROLL	\$ 4.50

MEAT PIE	\$ 5.50
Cheese/Bacon & Cheese/Beef/Curry	

NOODLE CUP- BEEF & CHICKEN	\$ 3.00
SPRING ROLLS	\$ 2.00
CHICKEN NUGGETS (5)	\$ 3.50
CHICKEN GOUJONS (5)	\$ 3.50



## DRINKS

WATER 600ML	\$ 1.50
WATER 1 LTR	\$ 2.50
WATER 1.5 LTR	\$ 3.00
NUTRIENT WATER	\$ 5.00
WATERFORDS FLAVOURS 475ML	\$ 3.50
GATORADE/POWERADE	\$ 5.00
ORCHY 350ML	\$ 4.50
POPPER 250ML	\$ 2.00
GLEE / JUICE BOMB	\$ 3.00
BARE NO SUGAR	\$ 4.00

## MILK

BREAKA FLAVOURED 250ML	\$ 3.00
BREAKA FLAVOURED 500ML	\$ 5.00
OAK FLAVOURED MILK	\$ 5.00
UP & GO	\$ 3.50
HOT CHOCOLATE	\$ 3.00

## SMOOTHIES/MILKSHAKES

**\$5.00**

MANGO & COCONUT  
LYCHEE & MANGO  
STRAWBERRY & BANANA

### MILKSHAKES

CHOCOLATE/STRAWBERRY/CARAMEL/VANILLA

## ORMEAU WOODS STATE HIGH SCHOOL CANTEEN MENU

### BREAKFAST



DAILY 8AM - 8:30AM

HAM & CHEESE TOASTIES	\$ 3.50
SAUSAGE ROLLS	\$ 4.50
MEAT PIES	\$ 5.50
CROSSIANT HAM & CHEESE	\$ 4.00
GRANOLA GREEK YOGURT FRUIT	\$ 4.00
ACAI BOWL	\$ 5.50
FRUIT BOWL	\$ 3.50

### THURSDAY & FRIDAY

BREAKFAST BURRITO \$ 6.00

Bacon Omlette Hash Brown Cheese BBQ



Breakfast 8am to 8:30am

First Break 10:35am to 11:15am

Second Break 1:05pm to 1:35pm

After School Tues/Wed/Thurs

2:30pm - 3:00pm

## POPULAR

STICKY HONEY CHICKEN ON FRIED RICE

HOT DOGS (FRIDAY)

PORK ROLL (MON - FRI)

LAMB KEBAB

CHICKEN ZINGY WRAP & ROLLS

## CASH & EFTPOS AVAILABLE

Online Ordering Now Available

[www.flexischools.com.au](http://www.flexischools.com.au)



Collection from Canteen Window

## ICE BLOCKS

ZOOPER DOOPER	\$ 0.50
TNT / SOUR SNAP	\$ 1.50
ICE CREAM CUP	\$ 2.00
MINI CALIPPO	\$ 2.00
ICY TWIST	\$ 2.00
PADDLE POP	\$ 2.50
BULLA FROZEN YOGHURT TUB	\$ 3.00